M*A*M*H

OPERATION: TAKE BACK MEMORIAL DAY!

Muscatine Area Memorial Hike was created to take back Memorial Day! Held on the Saturday before Memorial Day long weekend, its mission is to keep service members who have paid the ultimate sacrifice relevant, promote services available to veterans and survivors, as well as give back to families who have lost loved ones. Proceeds will be stewarded by a board to provide scholarships, financial services, and help meet the needs of those left behind. Your financial contribution or volunteer service will support this mission, as well as provide advertisement for your group or organization. Participant shirts will feature Gold Star Sponsors (those providing a financial contribution of \$1,000 or more) and Blue Star Sponsors (any lesser financial contribution, service, or donation) on the back. Help us combat the idea that this is just another long weekend. It means so much more! We live in the land of the free because of the brave!

Who: You! (Any company, organization or individual)

What: 4+ mile route (run or ruck/hike option). Photos of those lost & short descriptions can be submitted to be posted along the route.

(Run or ruck/hike/walk). Suggested to wear a weighted ruck or pack...if you are tough enough!)

Food and beverages available for purchase. Veterans service organization booths available.

Where: Wildcat Den State Park (1884 Wildcat Den Rd, Muscatine, IA 52761)

When: Saturday, May 18th, 2024. Packet pickup at 0630 hrs / Opening speech at 0730 hrs / National Anthem at 0750 hrs. and start at 0800 hrs

How to register as a participant: getmeregistered link at our website (muscomamda.com)

How to register as a volunteer: email your interest to musco.mamda@gmail.com

How to support financially: donate through the race registration link, at muscomamda.com or Venmo

Event coordinator contact: John Hesseling 563-506-9945 or musco.mamda@gmail.com

