

# Ken Memorial Wildcat Den State Park 5K Trail Run/Walk

Saturday, September 14, 2019

**Overall Winner Women:** Kaitlyn Powell 23:10

**Overall Winner Men:** Rick Pahl 18:32

**14 and Under Women:** Whitney Estabrook 27:06, Bridget Cisneros 38:03, Analeeya Cisneros 38:37, Sarah Nelson 45:09, Kensley Paul 45:57, Kaylin Paul 53:27, Kara Paul 53:28, Jasmine Little 1:01:14

**15 – 19 Women:** Jenna McLaughlin 29:39, Rebekah Brunson 34:08

**20-29 Women:** Rylee Blake 25:21, Chloe Proffitt 1:07:07

**30-39 Women:** Stephanie Gilkerson 28:13, Carol Schaab 30:15, Sarah Hermiston 30:25, Shaina Gaul 33:29, Colleen Schmitt 33:49, Sarah Bell 35:14, Traci Olderog 43:32, Daisy Little 1:01:17, Tina Williams 1:06:14

**40-49 Women:** Amy Blair 27:16, Amy Shelangoski 30:24, Samantha Kaufmann 30:49, Sara Swanson 31:08, Anne Oakes 33:50, Kelly Lyons 38:50, Kelly Arduser 42:12, Veronica Barrer 44:50, Alma Brunson 44:51, Lisa Paul 53:30, Michelle Nelson 1:01:39, Amanda Nelson 1:07:06

**50-59 Women:** Daphne Donald 32:00, Mary Lorentzen 33:26, Varinia Bruns 37:24

**60-Over Women:** Peggy Bailey 28:09, Mary Bisinger 35:13, Nancy Shell 38:11, Kristie Pope 46:13, Jean Bermel 51:11, Jan Ebert 53:57, Cindy Nelson, 54:02, Jean Vermedal 54:03, Helen Paul 55:36, Nancy Nelson 1:07:09

**14 and Under Men:** Nate Lukkarinen 23:55, Colyn Dean 26:49, Mateo Cisnerous 29:03, Jake Meier 30:36, Luke Dalbey 36:54, Zander Rudolph 36:55, Jonathan Cisneros 47:05

**15-19 Men:** Isaac Nelson 33:15

**20-29 Men:** Codie Rohde 23:28

**30-39 Men:** Casey Mente 20:42, Andrew Hermiston 20:56, Kenny Gilkerson 21:57, Zach Hill 22:58, Rob Morison 26:29, Kevin Prill 28:19, Andrew Kemper 28:50, Aaron Little 33:52, Joshua Rudolph 34:48, Todd Frick 35:10

**40-49 Men:** Jonathan Estabrook 19:18, Ray Lukkarinen 24:28, Rodney Kirk 26:11, Robert Fiedler 27:23, Matt Walsh 27:43, David Nelson 28:07, Ahren Gross 30:12, Juan Martinez Jr. 31:01, Ryan Williams 1:06:10

**50-59 Men:** David Hill 27:31, Larry Harris 28:43, Dean Hasselroth 29:43

**60 and Over Men:** Tim Armstrong 23:05, Tom Bisinger 32:06, John Ihle 47:17, David Wood 48:10, Charles Potter 49:52, Martin Paul 55:37

<b>First</b>	<b>Last</b>	<b>Age</b>	<b>Sex</b>	<b>Time</b>
Rick	Pahl	36	M	18:32
Jonathan	Estabrook	45	M	19:18
Casey	Mente	39	M	20:42
Andrew	Hermiston	31	M	20:56
Kenny	Gilkerson	31	M	21:57
Zach	Hill	33	M	22:58
Tim	Armstrong	63	M	23:05
Kaitlyn	Powell	15	F	23:10
Codie	Rohde	28	M	23:28
Nate	Lukkarinen	12	M	23:55
Ray	Lukkarinen	45	M	24:28
Rylee	Blake	18	F	25:21
Rodney	Kirk	42	M	26:11
Rob	Morrison	39	M	26:29
Colyn	Dean	14	M	26:49
Whitney	Estabrook	11	F	27:06
Amy	Blair	40	F	27:16
Robert	Fiedler	43	M	27:23
David	Hill	58	M	27:31
Matt	Walsh	43	M	27:43
David	Nelson	48	M	28:07
Peggy	Bailey	61	F	28:09
Stephanie	Gilkerson	33	F	28:13
Kevin	Prill	38	M	28:19
Larry	Harris	57	M	28:43
Andrew	Kemper	37	M	28:50
Mateo	Cisnerous	10	M	29:03
Dean	Hasselroth	55	M	29:43
Ahren	Gross	45	M	30:12
Carol	Schaab	36	F	30:15
Amy	Shelangoski	46	F	30:24
Sarah	Hermiston	31	F	30:25
Jake	Meier	12	M	30:36
Samantha	Kaufmann	46	F	30:49
Juan	Martinez Jr.	45	M	31:01
Bryanna	Harner	26	F	31:03
Sara	Swanson	48	F	31:08
Daphne	Donald	55	F	32:00
Tom	Bisinger	68	M	32:06
Isaac	Nelson	15	M	33:15
Mary	Lorentzen	59	F	33:26
Shaina	Gaul	33	F	33:29
Colleen	Schmitt	38	F	33:49
Anne	Oakes	40	F	33:50
Aaron	Little	30	M	33:52
Joshua	Rudolph	35	M	34:48

Todd	Frick	36	M	35:10
Mary	Bisinger	74	F	35:13
Sarah	Bell	33	F	35:14
Jessica	Peniston	28	F	35:38
Luke	Dalbey	12	M	36:54
Zander	Rudolph	12	M	36:55
Varinia	Bruns	51	F	37:24
Bridget	Cisneros	14	F	38:03
Nancy	Shell	66	F	38:11
Analeeya	Cisneros	9	F	38:37
Kelly	Lyons	42	F	38:50
Kelly	Arduser	45	F	42:12
Traci	Olderog	37	F	43:32
Veronica	Barrera	45	F	44:50
Alma	Brunson	48	F	44:51
Sarah	Nelson	13	F	45:09
Kensley	Paul	11	F	45:57
Kristie	Pope	65	F	46:13
Jonathan	Cisneros	6	M	47:05
John	Ihle	74	M	47:17
David	Wood	60	M	48:10
Charles	Potter	71	M	49:52
Jean	Bermel	62	F	51:11
Kaylin	Paul	8	F	53:27
Kara	Paul	5	F	53:28
Natalie	Maxwell-McDonald	40	F	53:29
Lisa	Paul	40	F	53:30
Jan	Ebert	63	F	53:57
Cindy	Nelson	61	F	54:02
Jean	Vermedal	62	F	54:03
Chelsea	Ebert	26	F	55:10
Helen	Paul	69	F	55:36
Martin	Paul	69	M	55:37
Jasmine	Little	7	F	1:01:14
Daisy	Little	30	F	1:01:17
Michelle	Nelson	41	F	1:01:39
Ryan	Williams	42	M	1:06:10
Tina	Williams	39	F	1:06:14
Amanda	Nelson	42	F	1:07:06
Chloe	Proffitt	19	F	1:07:07
Nancy	Nelson	68	F	1:07:09