

2019

Spring Run/Walk Against Cancer



What: 5K Run/Walk
When: Saturday, May 11, 2019
Where: Harrison St., Between Mall & behind Colorado School in Muscatine, IA
Time: 9:00 a.m.
Pre-Registration Fee: \$20.00 Race Only /\$25.00 Race with T-shirt
(Must register by April 26, 2019 to receive T-shirt)
SUPPORT YOUR LOVED ONE: Sign up as a TEAM! Pre-registered Teams with the most participants will receive 1 team trophy!
 (You can run/walk & join one team with 1 entry fee; Add more teams for \$5 each)
Registration Fee Day of Race: \$25.00 Sign up 8:00 am (no shirt)

REGISTRATION:

Make checks payable to:
American Cancer Society

Mail Registration with fee to:
Debbie Martin
1246 Logan Street
Muscatine, IA 52761

QUESTIONS – Contact:
Becky Anson - 563-264-4791
becky.anson@kentww.com

Pick up shirts day of or call for other arrangements.

Sponsored by:
Relay For Life
KENT CORPORATION TEAM

TEAMS
Pre-registration required.
Team with the most participants will receive 1 team trophy!

Susan Freers - 563-264-4542
susan_freers@grainprocessing.com

COURSE

5K run/walk begins behind Colorado School running east on Harrison St, turning on Bandag Dr. and crossing Colorado St. into the park. 5K goes around Weed Park, crossing Colorado St. at same entrance and then towards the bike path. 5K run/walk will proceed to designated cone area then turn & go back out to Harrison St, finishing up in driveway behind Colorado School.

AWARDS

Trophy to top individual male/female winners of 5K run. Medals awarded for 1st - 3rd place in all age groups!

DIVISIONS

Individual Male/Female: 8 and under, 9-14, 15-19, 20-24, 25- 29, 30-34, 35-39, 40-44, 45- 49, 50-54, 55- 59, 60-64, 65-69, 70+.

COUNTLESS PRIZES TO GIVE AWAY!

Name (please print) _____ Phone # _____ Age _____ Sex _____

Address _____ City _____ State _____ Zip _____

Email address _____

Team Name _____

If ordering T-Shirt Adult size: Small Medium Large X-Large (Larger sizes available for an additional \$1.50) _____

Additional tax deductible donation (optional) to American Cancer Society _____ **TOTAL AMOUNT ENCLOSED \$** _____

I know that participating in a road race is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effect of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the ACS Spring Run/Walk Against Cancer committee, Muscatine Mall Management II LLC, Colorado School, Bridgestone, the City of Muscatine, Muscatine Running Club and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ Date _____

Signature _____ Date _____

(Parent or Guardian Signature for participants under age 18)

No roller blades or scooters, PLEASE!